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CALENDAR:

10/11	Picture Retake Day
10/13	PSAT Exam (Juniors)
10/15	Inservice Day (No School for Students)
10/18-22	Homecoming Week
10/28	Fall Blood Drive
11/04	End of 1st Quarter
11/05	Inservice Day (No School for Students)
12/11	HS Christmas Banquet
12/18-01/02	Christmas Vacation
01/03	School Resumes
01/17	Martin Luther King Jr. Day (No School)
01/20	End of 1st Semester

CHARACTER EDUCATION PROGRAM

The character education trait for the month of October is Determination: Overcoming obstacles in order to reach my goal. The weekly verse is I Corinthians 9:24 "Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize."

Please read the weekly emails from Dr. Villers for more information regarding our monthly character traits.

JUNIOR HIGH/HIGH SCHOOL BACK TO SCHOOL NIGHT



JH/HS Back to School Night is this Wednesday, October 6. It is a great opportunity to gather info and get to know your child's 7th-12th grade teachers. We look forward to seeing you!

The format is different from past years so if you have a history with SC, please note the info and differences below.

Here are the details you need:

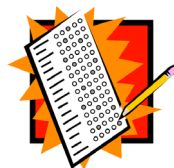
- * The event is on campus on October 6, from 6:00 pm to 7:00 pm.
- * Teachers will be in their classrooms from 6:00 pm to 7:00 pm to meet you and visit with you. Come when it is convenient for you during that hour and speak to whomever you wish!
- * An email will come early next week that will include a link to an introductory video from each 7th-12th teacher. Be sure to check out the videos!
- * There is no main session; it is a drop-in event.
- * While you are visiting with teachers, please be mindful of other parents in the room, their needs, and teacher time constraints.
- * The event ends at 7:00 pm.

MAP TESTING -THIS WEEK

MAP testing continues this week for Junior High and High School students. Elementary testing has begun today.

Junior High and High School students will test in their English, Math, and Bible classes. They should come prepared each day with their Chromebook/laptop device fully charged in order to complete testing.

PSAT FOR JUNIORS -NEXT WEEK



On Wednesday, October 13, all juniors will take the PSAT exam in the morning. This is their last practice opportunity before taking an SAT and is also the entry exam for students to qualify for the National Merit Scholarship competition.



SC BASKETBALL FANS!

The Santiam Christian boys basketball team has opened up a team store to sell SC basketball gear! The store is open until October 12. If you would like to purchase from the store click on this link and help support SC Boys basketball! [SC TEAM BASKETBALL GEAR!](#)



SC JOBS AVAILABLE

Are you looking for a part-time job that would allow you to work at your children's school and receive a tuition discount? We have openings! Please follow the link below for details and how to apply.

- * Transportation Secretary
- * Elementary Asst Cook
- * Elementary Server/Monitor
- * JH/HS Head cook/kitchen supervisor



Click here to access the online SC non-teacher application: <https://www.santiamchristian.org/sc-family/staff-resources/>

TOGO'S SANDWICHES FOR JH/HS LUNCH

This coming week we will start offering Togo's sandwiches on Tuesdays! This is for the Junior High and High Schools students only. The Elementary Cafeteria offers lunch to their students.

You can order Togo's for Tuesdays ahead-all the way through December but please pay close attention to planned vacations and such because if you order, the sandwich will be delivered and your account will be charged. In the case of sickness, we will put the sandwich in the refrigerator and your student can pick it up the next day they are at school.

Each lunch will include a 6" sandwich and bag of chips. Ordering options are limited. Your student has a choice of a ham or turkey sandwich on white bread which will include cheese, lettuce, tomato, and pickle. (Mayo, mustard, salt, and pepper will be available in packets) You MUST order in advance. The cost is \$7.25 per sack lunch which will be charged to your account. (A small selection of beverages are available for an additional cost.) Lunches will be available to pick up at the beginning of lunch in the Eagle's Nest Cafeteria. Deadline for ordering lunch is Monday at 1pm!

To order for next week:

1. Login into the Family Portal on <https://santiam.client.renweb.com/pwr/>
2. Click on Student on the left menu
3. Click Lunch
4. Click +Create Web Order at the top of the screen
5. Fill in Order
6. Click Order Items

HOMEcoming T-SHIRTS/SWEATSHIRTS



Homecoming week is coming soon (October 18-22) and homecoming t-shirts and sweatshirts are available now to order! DON'T DELAY, they are only available by pre-ordering in the next 8 days! They are red which is

the theme (RED OUT) for the homecoming game. If you are new and looking for some school spirit gear this is a perfect opportunity for you. You can order them at this link: https://stores.inksoft.com/santiam_homecoming/shop/home (When you look at the online store, be sure to click on PRODUCTS at the top to view All Products.) There are options for both adult and youth sizing.

PICTURE DAY/RETAKES

Picture Retake Day is next Monday, October 11. If your student was not able to attend our first Picture Day in August, or if they would like retakes, please fill out the attached order form and return it with payment Monday. If they are having retakes, please send the picture packet from the last Picture Day with your student as well.



COLLEGE & CAREER CALENDAR

Check out the Career & College "New Announcements" page on our website for up-to-date announcements, including the College Information Session schedule.

Upcoming Events

11/06 SAT



College Information Sessions at SC -

(In the MAP Rm during 8th period unless noted.)

- 10/05 Biola University (La Mirada, CA) 1:40pm
- 10/05 Western Oregon University (Monmouth) 1:40pm (Foods Room)
- 10/05 Corban University (Salem) 2:30pm
- 10/05 Northwest University (Kirkland) 2:30pm (Foods Room)
- 10/05 Willamette University (Salem) 7pm Zoom Mtg
- 10/12 University of Oregon (Eugene) 1:40pm
- 10/12 Linfield University (McMinnville) 2:30pm
- 10/12 LBCC (Albany) 2:30pm
- 10/19 Central Oregon Comm. College (Bend) 1:40pm
- 10/19 OSU Cascades (Bend) 2:30pm
- 10/22 George Fox University (Newberg) 1:40pm
- 10/22 Grand Canyon University (Phoenix) 2:30pm

SCHOOL CALENDAR

Check out our [School Calendar](#) for the times, dates, and locations of where you can see our athletes and activity groups in action.

SOCCER ACTIVITY



Tuesday and Thursday after school, in the west elementary grass area, behind Elementary Arts, Soccer Activity K-8. 3:30 PM - 4:30 PM officially, but you can come as soon as you get out of class.

Come when you can for fun.

ATTENDANCE

When your student is absent, please notify the appropriate school office.

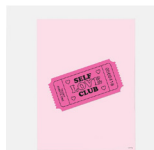
Elementary: elemattendance@santiam.org
 Junior High/High School: jh-hsattendance@santiam.org

Eagle Happenings Newsletter

This all-school newsletter will be published each Monday afternoon. If you have something to submit to the newsletter, please e-mail your copy-ready announcement to beams@santiam.org by 9am on Monday morning. We reserve the right to edit for grammar, content, length, etc.

Wednesdays,
 6:00PM-7:30PM
 from October
 13th-November
 10th (online via
 Zoom)

Navigating Your Relationship with Food and Body: A Support Group for Teens



\$120 Per Participant

A five-week support group for teens struggling with body image and/or disordered eating. Join us in exploring important themes surrounding food, body, and diet culture in a therapeutic group setting.

Topics:

Week 1 – My Relationship with My Body: Why is it so complicated? Exploring themes related to body image, self-esteem, and body comparison.

Week 2 – Body Talk: How do I talk to myself? Exploring themes surrounding self-talk and the identification of negative cognitive cycles.

Week 3 – Social Media, Food, and My Body: What messages do we receive from social media about our bodies and the foods we eat? Exploring themes related to perfectionism, diet culture, and screen time.

Week 4 – “Good Foods” VS “Bad Foods”: What labels do I place on food and why? Exploring themes of guilt, restriction, and body trust.

Week 5 – Body Respect: What do I want my relationship with my body and food to look like? Exploring topics related to intuitive eating, HAES (Health at Every Size), and food freedom.

To register or get more info: text, call, or email!

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