

# Character Trait for November 1-7 is Gratefulness

## Ephesians 5:1, "Therefore, be imitators of God"

**CHARACTER:** qualities built into our lives that determine our responses, regardless of circumstances.

**Gratefulness:** Letting others know by my words and actions how they have benefited my life.

**Weekly Verse:** I Thess 5:16-18 "Rejoice always, pray continually, and give thanks in all circumstances; for this is God's will for you in Christ Jesus."

**Bible Story:** Luke 17:11-19 tells the story of the 10 lepers who were cleansed, and the one who returned to thank Jesus.

**Quote:** "Silent gratitude isn't of much use to anyone."

### Leadership:

Anyone can steer the ship, but it takes a leader to set the course. For a case in point, both Roald Amundsen and Robert F. Scott set out to be the first to reach the South Pole. Amundsen planned well while Scott did not, resulting in the death of him and his entire team. Leaders ensure that their organization has the right plan with the right people in place.

### Living in Community:

Gratefulness within a family or community setting serves the purpose of taking our eyes off of ourselves, and focusing us on what others have done for us. Not only can we reflect that through words, but also through how we act toward them.

### Application:

Many families take the time between now and Thanksgiving to practice gratefulness by expressing thankfulness every day. This can be around the dinner table, in written or oral form, or however works best for your family, but doing it in writing would allow your family to keep a record of what you are thankful for. Use the following questions to help guide your conversations.

### Discussion Questions:

1. Tell about one person who has had a significant impact on your life. How can you show gratefulness to that person?
2. Have you ever decided to thank someone but never quite got around to it? What hindered you?
3. Who is someone you need to thank this week? What time will you set aside to do so?